



IS YOUR TETANUS SHOT UP-TO-DATE?



Be cautious around your home
because of debris & other hazards

What is tetanus?

- Tetanus is a bacterial disease that causes severe muscle spasms, lockjaw and death.

How can you be exposed to tetanus?

You can be exposed to the bacteria through:

- soil ■ animal feces ■ human feces ■ debris

If you have a wound, what should you do to prevent tetanus?

- **Wash all wounds** thoroughly.
- **Get direct medical attention** for serious wounds.
- **Get a tetanus shot** from your health care provider, if needed.

How can you protect you & your family?

- Make sure that you and your family's shots are up-to-date.

Protect your family. Protect yourself. Get vaccinated!